



**MID-CITIES
Supporters of SafeHaven**

NEWSLETTER

Mid-Cities SOS is a grass-roots organization devoted to assisting SafeHaven of Tarrant County in its mission to end family violence through safety, support, prevention, and social change. Through fund-raising, publicity and volunteerism, SOS helps to provide emergency shelter, outreach services, clinical counseling, legal advocacy, and support groups to families who are experiencing violence in their homes.

November, 2008

Message from the President *Providing Hope and Peace*



Julie English, 2008 SOS President

As a few of you may know, I say that my goal in life is "to wear cute clothes and go to lunch". Well, lately we all have had a number of opportunities to figure out "what am I going wear" and participate in great luncheons. Mid-Cities SOS was very well represented and recognized at Legacy and Shining Stars. Congratulation Ladies!!! (Editor's Note: See the article on page 4)

My "goal" is a result of owning an oil change center, never going to lunch – that was the busiest time of day,

and owning 17 pairs of overalls. This was a time of great strife in my life -facing the inevitable end of my marriage and dealing with the fall out. I had the support of my family, a college education, financial resources and a friendly relationship with my now ex-husband (which continues to this day). Yet, the situation was devastating. I was reflecting on the divorce recently after reading an essay that my oldest daughter, Morgan, wrote for her English class. In her writing, she described her angst, fear and ensuing depression that she experienced for several years.

The reflection reminded me of our SOS mission. The women and children that come to SafeHaven not only deal with the emotional ramifications that often accompany the spilt of a family. There are real issues with safety. The

clients are often in fear for their lives. Basic needs such as food, shelter and clothing seem intangible. Dreams of a successful career may be elusive. SafeHaven not only provides the immediate basic human essentials, but also builds a foundation for the long term "fundamentals" of HOPE and PEACE.

"Purchasing" HOPE and PEACE is what SOS does. Whether your continued support of our organization comes from volunteering your time or providing financial support, your efforts allow the victims of domestic violence experience a refuge from turmoil.

- Julie English

You can subscribe to the SafeHaven e-newsletters by submitting your request to sbrandt@safehaventc.org

Update from SafeHaven

Recently, I attended the First World Conference of Women's Shelters in Edmonton, Alberta, Canada. The delegates heard Mahatma Ghandi's grandson speak about his grandfather's active examples of non-violence. I learned the first women's shelter in Vietnam opened in 2006. In the Philippines, a two room shelter exists inside a police station. A presentation by Dr. Jackson Katz, co-founder of *Mentors in Violence Prevention*, the leading gender violence prevention initiative in college athletics, challenged men to take active leadership roles in ending

violence against women and children. Domestic violence is not just a "women's issue." It's a men's issue, too. Let's involve our husbands, boyfriends, sons, brothers and fathers. Tell them that, together, we can end one of the oldest, most deleterious generational cycles still in existence. Tell them we can do that if we *stop tolerating disrespectful language that exploits or objectifies women*. We should hold those around us to higher standards that demonstrate value for all persons regardless of gender. Simple expressions like "*Don't throw like a girl,*" are not harmless. As former Davey O'Brien

winner Don McPherson affirms, "I'm not going to make my son better by degrading my daughter."

Ending domestic violence requires a community wide dialog around topics that are uncomfortable. Yet you can make a difference today by changing your language. It is one practical way to ensure your children or grandchildren won't become victims of domestic violence.

Best wishes,
Mary Lee Hafley

CEO, SafeHaven

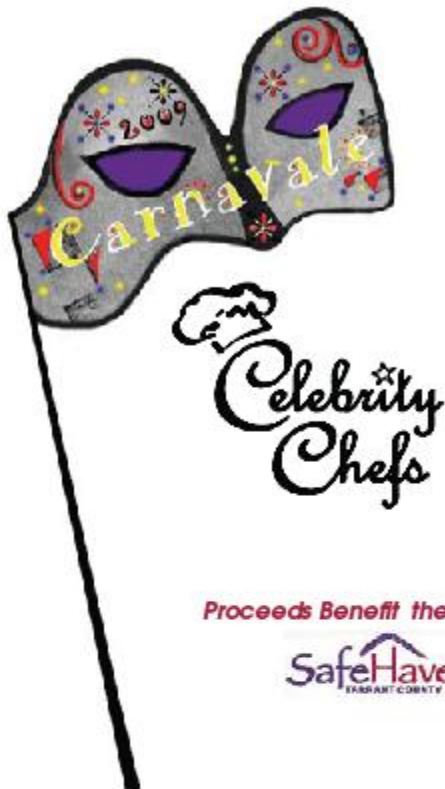
Upcoming Events

- DECEMBER 5 HOLIDAY LUNCHEON AND OFFICER INSTALLATION AT THE GAYLORD TEXAN, GRAPEVINE
- DECEMBER 7 CWC HOLIDAY HOME TOUR
- JANUARY 19 THIRD ANNUAL CELEBRITY CHEFS GRAPEVINE CONVENTION CENTER

Inside this issue:

CELEBRITY CHEFS	2-3
SOS ENCLOSURE CAMPAIGN	3
LEGACY LUNCHEON RAISES JUST UNDER \$210,000	3
TREASURER'S REPORT	4
NEW SOS DIRECTORIES DELIVERED	4
SOS 2008 SHINING STAR	4
HARLEQUEEN'S OPEN HOUSE RAISES FUNDS FOR SOS	4
NEW SOS MEMBERS	4
CONGRATULATIONS	4
NOVEMBER GENERAL MEETING	5
INCREASE IN DEMAND FOR SAFEHAVEN'S SERVICES	5
VOLUNTEER OPPORTUNITIES AVAILABLE AT SAFEHAVEN	5
SOS MEMBERS WALK FOR THE CURE	5
CALENDAR OF EVENTS	6
MID-CITIES SOS OFFICERS	6

November, 2008



Proceeds Benefit the Children of



In the name of the Children of SafeHaven, help us raise awareness, raise money, raise our forks and our glasses for SafeHaven of Tarrant County! This year, in addition to the cuisine of our area's finest chefs, we have a surprise in store for you . . . our variation of Carnavale complete with the beverage and music of Brazil!

Our focus is once again on the children of SafeHaven for it is they who suffer in silence and they who can eventually break the cycle of this horrific epidemic. Each day in this country, at least three children die as a result of abuse at home. 10 million children witness family violence each year. One in five high school girls will be physically and/or sexually abused in a dating relationship. A child's exposure to abuse in the home is the strongest risk factor for transmitting violent behavior from one generation to the next. Staggering statistics!

Please help us work toward SafeHaven's goal to "End Domestic Violence".

"Eat your food with celebration, drink your wine with gratitude, for this will be a night to be proud of what you do!"

Won't you please join us this year?



Third Annual Mid-Cities SOS Celebrity Chefs Event

**January 19th, 2009
Grapevine Convention Center**

6 PM to 9:30 PM

**\$100 per Person
\$1000 per Table of 10**

**For Tickets, Contact
Margaret DeLay, 817-488-6926
margaretdelay@hotmail.com**



www.mid-citiesosos.org

November, 2008

Celebrity Chefs 2009 Special Sponsors and Donors

"Celebrity Chefs 2009" will take place on Monday, January 19th, 2009 at the Grapevine Convention Center.

In addition to a dozen plus of the area's most talented and philanthropic chefs, some of the finest business establishments in the Metroplex join in support of this, the organization's third annual evening of culinary magic benefiting the children of SafeHaven.

We thank the following businesses for their support of the Celebrity Chefs event and of Mid-Cities Supporters of SafeHaven.

Alliance Regional Newspapers

Bates Container

Bice's Florist

Fonda Enterprises and Dealer Consulting Group

Market Street/United Markets

Park Place Motorcars Mid-Cities, Ltd.

Roxann Taylor & Associates, Realtors

Star-Telegram

Cecilia Monacelli
Sponsorships



Julie English and Donna Burdette mug for the camera while Jeanne Neisius looks on at the Celebrity Chefs planning meeting at Classic Café.

SOS Domestic Violence Awareness and Enclosures Campaign Continues

Many thanks to our Historian Tara Hutchins-Welsh for working diligently to have a domestic violence awareness article written and published in the Alliance Newspapers' Keller Citizen, Southlake Journal, Colleyville Courier and Grapevine Courier in concert with the enclosure of a Mid-Cities SOS donation envelope in each copy. The article is available online at <http://pubsys.southlakejournal.com/home/story/2659.html>

To date we have received \$2900 in donations from the envelope enclosure drive.

This includes a \$1400 check from "Leadership Worth Following" in Irving and a contribution from the mother of 28 year old, Jennifer Medina who was murdered on January 13th of this year. In addition we have gotten donations in honor of survivors Beth, Patti, Stacey and Suzanne. We have also had honorariums for birthdays and other occasions. Included also are the proceeds of \$264 from the HarleQueen's event. Anyone wishing to participate may still do so! Envelopes are available at HarleQueen's or contact Julie English at juliepage@sbcglobal.net.

Celebrity Chefs Volunteer Opportunities

Volunteer opportunities abound for the 2009 Celebrity Chefs event. If you want to get "plugged in", contact Julie English juliepage@sbcglobal.net or at 817-428-2869.



The Celebrity Chefs planning committee met and dined at Classic Café, one of the events featured restaurants, on October 27th.



Classic Café waiter Tim Donnelly served the Celebrity Chefs planning committee with a smile.

Celebrity Chefs 2009 Tickets and Tables For Sale

Individual tickets as well as tables for the Celebrity Chefs 2009 event are still available for purchase. Tickets are \$100 each and \$1000 for tables of 10. Event goers will enjoy signature dishes from area chefs accompanied by the beverages of their choice. Contact Margaret Delay to purchase tickets/tables at margaretdelay@hotmail.com or at 817 488-6926.

2009 Celebrity Chefs Announced

The list of chefs/restaurants for the 2009 Celebrity Chefs is still being finalized. To date the event will feature:

Chef Ty - Gaylord
Old Hickory
Sweet Memories
Classic Café
Olenjack's Grille
Cacharel
Market Street
The Grotto
Bravo Catering
Truluck's
JR's Steakhouse
Central Market

Proceeds from the Legacy of Women Luncheon approaches \$210,000

Nearly \$210,000 was raised for SafeHaven's domestic violence prevention and intervention programs at the 2008 Legacy of Women Luncheon on October 2nd at the Fort Worth Convention Center. Patricia "Patty" Heaton of the hit TV show Everyone Loves Raymond was the guest speaker. Congratulations to Finalist for Volunteerism and SOS member Cecilia Monacelli.

The 2008 Legacy winners are:

Deborah Jung - Arts

Suzi Hill - Business

Patricia "Pat" Harrison - Education

Judi Bishop - Health/Human Services

Joy Ann Havran - Volunteerism

NEWSLETTER

New SOS Directories Delivered!

If you attended the September General meeting at Olenjack's in Arlington, you received a brand new SOS directory. Other directories were either personally delivered or mailed. Thanks to new member, Donna Burdette, for delivering those in Colleyville area and to other members who took copies to friends or neighbors. This edition includes the new by-

laws and standing rules that were approved August 8, 2008.

My special thanks to Suzanne Harrington for compiling the directory, to Jane Wood for selling advertising, printing labels and helping with mailing and distribution, to Tara Hutchins-Welsh for her photography talents, and to our community advertisers listed on page 3.

Our membership now totals 98.

Hope to see you at our November meeting on the 7th at the Colleyville Cinema Grille. A showing of the video "Portrait of Abuse" will be presented. We welcome friends, family and neighbors to attend.

Martha Ragsdale

TREASURER'S REPORT

Balance as of 10/22/08
6,922.71

2008 Donations to
SafeHaven
as of 10/31/08
\$146,330.00

2008 Special Gifts to SOS
as of 10/31/08
\$1,706.00

Many Mid-Cities SOS Members Light Up the Shining Stars Luncheon

Many Mid-Cities SOS members were recognized at the 2008 Arts League Shining Stars Luncheon, Friday October 24th at the Marriott Las Colinas. Linda Timmons is Mid-Cities SOS 2008 Shining Star. Linda has served Mid-Cities SOS in many capacities including the VP of Ways and Means, President and currently as Treasurer. Her leadership and contributions to our organizations are invaluable.

Other SOS members recognized as 2008 Shining Stars are: Connie Nichols - Orion Award, Cecilia Monacelli - Colleyville Area Chamber of

Commerce, Karen Parsinen - Harris Methodist HEB Hospital Event Board, Joslyn Marksbury - Mid-Cities Christmas Providers, Sue Howery - Summer Santa



Linda Timmons, Mid-Cities SOS 2008 Shining Star

HarleQueens' Open House Raises Funds for SOS Enclosures Campaign



Tamara Freeza and Paige Dixon, owners of HarleQueen's hosted an Open House the evening of Thursday, October 16th to benefit the SOS October Enclosures Campaign. Shoppers were treated to a delicious fare of food and wine while they shopped the wide

selection of home furnishings, jewelry and clothing. HarleQueen's donated \$264, 20% of the total sales, to Mid-Cities SOS. Thank you to Tamara, Paige and those members who so generously brought food or drink and shopped! Donation envelopes continue to be available at HarleQueen's for people wishing to contribute to the SOS Enclosures Campaign.

Please Welcome Our New Members!

Suzanne Anderson
525 Chestnut
Grand Prairie, TX 75052
817-500-2484
Suzanne_anderson@trendmicro.com

Donna Burdette
5507 Normandy Drive
Colleyville, TX 76034
Home: 817-545-7012
donnaburdette@tx.rr.com

Tamara Freeza
106 W. Aurora Vista Trail
Aurora, TX 76078
817-514-7000
harlequeens@att.net

Mia and Stephen Poorman
220 Canyon Lake Road
Southlake, TX 76092
817-421-5605
roxy10s@mindspring.com
Durelle Price
2309 Pagoda Oak Drive
Plano, TX 75074
801-836-4669
durelle.price@franklincovey.com

Michelle Karr
4848 Friedman Lane
Keller, TX 76248
512-299-8831
mikarr@safehaventc.org

Jean Lewis
221 Pebble Beach
Trophy Club, TX 76262
817-988-7204
jean@j-gjewelers.com

Returning Member:
Paige Dixon
5509 Colleyville Blvd, #260
Colleyville, TX 76034
817-485-4805

Membership Directory Changes:
Peg Frieden
mafrieden@att.net

Congratulations!

Congratulations to Tara Hutchins-Welsh and husband Mike on the birth of Samuel Francis on 11/07. Samuel was 2 1/2 months early, but Mom and baby are doing well.

November, 2008

A Portrait of Abuse viewed and 2009 Officers Elected at the November General Meeting



SOS Members and guests were deeply moved at the showing of the movie *A Portrait of Abuse* at the November General Meeting. You can purchase a DVD by following the links on the SafeHaven website. SafeHaven will receive a \$5 donation for every DVD sold for which they are given credit.



The 2009 Mid-Cities SOS Officers were elected. They will be installed at our December General Meeting on December 5th.

2009 Mid-Cities SOS Officers

President: Sally Bustamante
1st VP, Membership: Janice Kane, assisted by Julie English

2nd VP, Ways & Means: Mary Smith, assisted by Linda Timmons
Secretary: Judy Ruggere/Mariah Romero
Treasurer: Linda Eilenfeldt
Historian/Publicity: Tara Hutchins-Welsh/Martha Ragsdale



SOS Members Walk for the Cure

SOS Members Martha Blue and Linda Eilenfeldt walked in this year's DFW Breast Cancer 3-Day. The DFW 3-Day raised \$7.9 million to benefit breast cancer research. There were about 4000 walkers. They started at Southfork Ranch in Parker and finished up at SMU.



Linda walked as a part of the Sole Sisters. She walked in memory of Joan Deal, Pam Palmison, Kris Wheeler and in honor of Mary Retchless, Kate Nava, Fran Hoover, Debbie Holt, Linda Woodson, Stacey Kirkham. One of Linda's team-

mates knows SOS member Carolyn Fobes and as a result, Carolyn's name is listed on Linda's Sole Sisters Shirt.

Martha walked for several women, but most specifically, her sister-in-law, Donna Blue-Goering who was diagnosed with breast cancer 2 weeks ago. Donna had a successful lumpectomy on Friday as Martha began her walk.



Volunteer Opportunities Available at SafeHaven for Civic Groups, Churches, Companies and Individuals

SOS member Patty Shaw worked with other DFW-area IBM employees to steam-clean carpets, mop floors, clean walls, and disinfect the toys in the gym and nurseries at the SafeHaven Arlington shelter on October 24 as a part of the annual IBM Employee Charitable Contribution Campaign.

If you would like to volunteer or organize a volunteer event for a civic, church, or corporate group, contact SafeHaven's Arlington Community Resource Coordinator Geri Medlin at 817-548-0583, ext 226 or Fort Worth Community Resource Coordinator Valerie Salter at 817-535-6464. More information about SafeHaven volunteer opportunities can be found at

http://www.safehavenc.org/content/donate_time.html



SafeHaven Experiences Rise in Demand for Services as Economic Conditions Worsen

In a recent interview featured on Fox 4 News, Mary Lee Hafley reported a significant increase in the number of women and children seeking assistance from SafeHaven. Now more than ever, SafeHaven needs our donations of personal care items, clothing, money and time. You can watch the Fox 4 News report by directing your browser to <http://www.myfoxdfw.com/myfox/pages/Home/Detail.jsessionid=EFF18E57BD9AB3451092B1E5E976ADF3?contentId=7768058&version=1&locale=EN-US&layoutCode=VSTY&pageId=1.1.1&sflg=1>



CALENDAR OF EVENTS

Friday, December 5, 11:30am Holiday Luncheon and 2009 Officer Installation at the Riverwalk Café at the Gaylord. Lunch will be \$26 per person. RSVP by Tuesday, November 21 to pattijocampbell@sbcglobal.net or at (817)656-0677. *Because of the Thanksgiving Holiday, please respond early for our December Luncheon.*

Sunday, December 7, 11am - 5pm Colleyville Women's Club (CWC) Holiday Home Tour. \$20 per person. CWC needs volunteers to serve as hosts and hostesses that could include SOS members, their spouses, neighbors, friends, or mature teens. Following an assignment, hostess volunteers will be contacted by the head hostess of their specific home, who will provide details on issues such as parking, refreshments, etc. that pertain to each individual home. Hostesses are requested to wear festive casual attire and comfortable shoes. Linda Eilenfeldt is coordinating volunteers for SOS. Contact her at 817-571-3682 or at linda@croneyteam.com.

Monday, January 19, 2009 - 3rd Annual Celebrity Chefs, Grapevine Convention Center. Tickets are on sale. Please see ticket sales information on page 2 and 3 of this newsletter.

General Meetings are scheduled on the first Fridays of each month February through May and August through December.

2008 Mid-Cities SOS Officers

ELECTED	APPOINTED
President Julie English817-428-2869	Program/Hospitality Jane Wood817-488-0868
1st Vice President, Membership Martha Ragsdale817-581-2677	Communications Patti Campbell.....817-656-0677
2nd Vice President, Ways & Means Darla Stricklin817-424-3454	Newsletter Patty Shaw.....817-488-0752
Secretary Linda Eilenfeldt.....817-571-3682	Urgent Needs Julie English817-428-2869
Treasurer Linda Timmons817-424-8899	
Historian/Publicity Tara Hutchins-Welsh...817-685-0153	
Parliamentarian Janice Kane...817-581-5065	

We're on the web:
<http://www.mid-citiessos.org>

Mid-Cities Supporters of
SafeHaven
P.O. Box 247
Colleyville, TX 76034